

In Case of an Emergency – Be Prepared for 2 Weeks

Home Preparedness Kit

- Well stocked First Aid Kit – [click here](#)
- Water – one gallon per person per day for minimum 2 weeks
- Food – non-perishable food (canned soups and meats) for minimum 2 weeks
- Can opener and pocket-knife with clippers, scissors and tweezers
- Battery operated radio and a NOAA (National Oceanic and Atmospheric Administration) Weather Radio
- Flashlights and extra batteries
- Cell Phone and charged batteries
- Whistle
- Fire extinguisher
- Matches and candles stored in a waterproof container
- Moist towelettes and liquid hand sanitizer
- Household chlorine bleach (nine parts water to one part bleach can be used as a disinfectant)
- Prescription medications
- Glasses and/or contact lenses, saline and eye drops
- Instant formula and diapers
- Pet food and water for minimum 2 weeks
- Important documents (insurance policies, identification cards, bank records)
- Cash, change and/or traveler's checks
- Sleeping bags, warm blankets, and pillows for each person
- Change of clothing, underwear and shoes for each person
- Personal hygiene (deodorant, tooth brush, toothpaste, tampons)
- Paper plates, paper towels, plastic utensils
- Paper and pencils with manual sharpener
- Books and games for adults and kids